

## **PATIENT MEDICATION INFORMATION**

### **READ THIS FOR SAFE AND EFFECTIVE USE OF YOUR MEDICINE**

#### **PrTIMOPTIC®**

#### **Timolol maleate ophthalmic solution**

Read this carefully before you start taking **TIMOPTIC** and each time you get a refill. This leaflet is a summary and will not tell you everything about this drug. Talk to your healthcare professional about your medical condition and treatment and ask if there is any new information about **TIMOPTIC**.

#### **What is TIMOPTIC used for?**

TIMOPTIC lowers the pressure in the eye for conditions such as open-angle glaucoma and ocular hypertension.

#### **How does TIMOPTIC work?**

The active ingredient, timolol maleate, is a beta-blocking drug. It helps lower the pressure in the eye.

#### **What are the ingredients in TIMOPTIC?**

Medicinal ingredients: Timolol maleate

Non-medicinal ingredients: Benzalkonium chloride, sodium hydroxide, sodium phosphate, water for injection

#### **TIMOPTIC comes in the following dosage forms:**

Ophthalmic solution: 5 mg (0.5%) timolol (timolol maleate) per mL.

#### **Do not use TIMOPTIC if:**

- You are allergic to any of its components (see What are the ingredients in TIMOPTIC section).
- You have now or have had certain serious breathing problems such as asthma or chronic obstructive lung disease.
- You have certain heart diseases or conditions (such as slow or irregular heartbeats).

**To help avoid side effects and ensure proper use, talk to your healthcare professional before you take TIMOPTIC. Talk about any health conditions or problems you may have, including if you:**

- Have any medical problems now or have had any in the past, especially asthma and other lung problems, heart problems or poor blood circulation.
- Have any allergies.
- Have now or have had in the past, thyroid problems.
- Have or have had in the past, diabetes or other blood sugar problems.
- Are planning major surgery, including eye surgery, as using TIMOPTIC may change the effects of some medicines during anesthesia.
- Had past eye problems such as choroidal detachment.
- Had problems or develop problems with blood flow to the brain.
- Are pregnant or intend to become pregnant.
- Are breast feeding or intend to breast feed. Timolol has been detected in human breast milk.

**Other warnings you should know about:**

Timoptoc is not recommended for children.

**Tell your healthcare professional about all the medicines you take, including any drugs, vitamins, minerals, natural supplements or alternative medicines.**

**The following may interact with TIMOPTIC:**

- Beta-blockers such as atenolol, epinephrine, quinidine.
- Calcium channel blockers or catecholamine depleting drugs such as reserpine.
- Clonidine.
- Epinephrine.

**How to take TIMOPTIC:**

Read the following information carefully. If you need any explanations, or further information, ask your physician or pharmacist.

1. Do not start taking any other medicines unless you have discussed the matter with your physician or pharmacist.
2. If you develop any eye irritation or any new eye problems such as redness of the eye or swelling of the eyelids, contact your physician immediately.
3. If you are using TIMOPTIC with another eye drop, the drops should be instilled at least 10 minutes apart.

4. Do not change the dosage of the drug without consulting your physician. If you must stop treatment, contact your physician immediately.
5. Do not allow the tip of the container to touch the eye or areas around the eye. It may become contaminated with bacteria that can cause eye infections leading to serious damage of the eye, even loss of vision. To avoid possible contamination of the container, keep the tip of the container away from contact with any surface.
6. Do not administer while wearing (soft) contact lenses. Remove lenses before application and reinsert no earlier than 15 minutes after use. TIMOPTIC contains benzalkonium chloride as a preservative. This preservative may be absorbed by soft contact lenses.

Instructions for Use:

Step 1 - Before using the medication for the first time, be sure the Safety Strip on the front of the bottle is unbroken. A gap between the bottle and the cap is normal for an unopened bottle.



Figure A

Step 2 - Tear off the Safety Strip to break the seal.

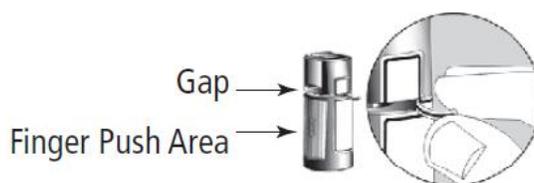
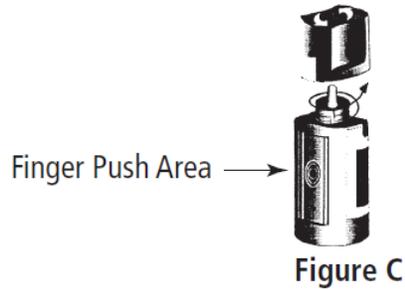
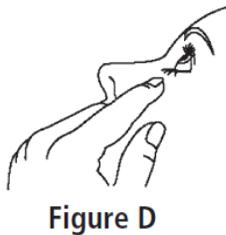


Figure B

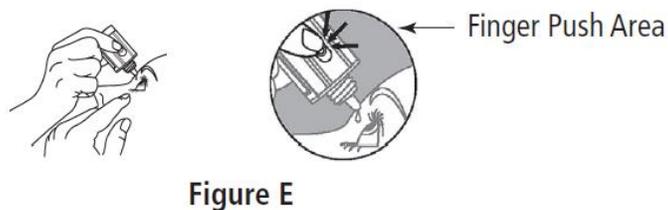
Step 3 - To open the bottle, unscrew the cap by turning as indicated by the arrows on the top of the cap. Do not pull the cap directly up and away from the bottle. Pulling the cap directly up will prevent your dispenser from operating properly.



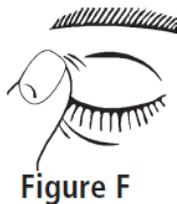
Step 4 - Tilt your head back and pull your lower eyelid down slightly to form a pocket between your eyelid and your eye.



Step 5 - Invert the bottle, grasping it with the thumb or index finger over the Finger Push Area as shown. Press lightly until a single drop is dispensed into the eye as directed by your physician.



Step 6 - After using TIMOPTIC, press a finger into the corner of your eye, by the nose (as shown) for 2 minutes. This helps keep TIMOPTIC in your eye.



Step 7 - If drop dispensing is difficult after opening for the first time, replace the cap on the bottle and tighten (DO NOT OVERTIGHTEN) and then remove by turning the cap in the opposite direction as indicated by the arrows on top of the cap.

Step 8 - Repeat steps 4 & 5 with the other eye if instructed to do so by your physician.

Step 9 - Replace the cap by turning until it is firmly touching the bottle. The arrow on the left side of the cap must be aligned with the arrow on the left side of the bottle label for proper closure. Do not overtighten or you may damage the bottle and cap.

Step 10 - The dispenser tip is designed to provide a single drop; therefore, do NOT enlarge the hole of the dispenser tip.

Step 11 - After you have used all doses, there will be some TIMOPTIC left in the bottle. You should not be concerned since an extra amount of TIMOPTIC has been added and you will get the full amount of TIMOPTIC that your physician prescribed. Do not attempt to remove excess medicine from the bottle.

### **Usual dose:**

One drop in the affected eye(s) in the morning and in the evening. Your doctor may change your dose based on your condition.

### **Overdose:**

If you put too many drops in your eye or swallow the contents of the bottle, you should contact your physician immediately.

If you think you, or a person you are caring for, have taken too much TIMOPTIC, contact a healthcare professional, hospital emergency department, or regional poison control centre immediately, even if there are no symptoms.

### **Missed Dose:**

It is important to apply TIMOPTIC as prescribed by your physician. If you miss a dose, apply it as soon as possible. However, if it is almost time for the next dose, skip the missed dose and go back to your regular dosing schedule. Do not double dose.

### **What are possible side effects from using TIMOPTIC?**

These are not all the possible side effects you may have when taking TIMOPTIC. If you experience any side effects not listed here, tell your healthcare professional.

You may experience:

1. muscle pain
2. abdominal pain
3. nausea
4. vomiting

5. eye symptoms such as burning and stinging, dry eyes, redness of the eye, foreign body sensation or visual changes, such as double vision.

Other side effects may also occur rarely, and some of these may be serious. These may include shortness of breath.

TIMOPTIC has been reported rarely to increase muscle weakness in some patients with myasthenia gravis.

There are side effects of TIMOPTIC that may affect some patients' ability to drive and use machines.

<b>Serious side effects and what to do about them</b>			
<b>Symptom / effect</b>	<b>Talk to your healthcare professional</b>		<b>Stop taking drug and get immediate medical help</b>
	<b>Only if severe</b>	<b>In all cases</b>	
<b>UNCOMMON</b>			
Slow heartbeat			✓
<b>RARE</b>			
Heart effects such as irregular heartbeat, heart block, low blood pressure			✓
Allergic reactions with symptoms such as swelling of the mouth and throat, shortness of breath, hives, severe itching and rash			✓

If you have a troublesome symptom or side effect that is not listed here or becomes bad enough to interfere with your daily activities, tell your healthcare professional.

### **Reporting Side Effects**

You can report any suspected side effects associated with the use of health products to Health Canada by:

- Visiting the Web page on Adverse Reaction Reporting (<https://www.canada.ca/en/health-canada/services/drugs-health-products/medeffect-canada.html>) for information on how to report online, by mail or by fax; or
- Calling toll-free at 1-866-234-2345.

*NOTE: Contact your health professional if you need information about how to manage your side effects. The Canada Vigilance Program does not provide medical advice.*

### **Storage:**

Store at room temperature 15°C -25°C.

Protect from light.

Keep out of reach and sight of children.

### **If you want more information about TIMOPTIC:**

- Talk to your healthcare professional
- Find the full product monograph that is prepared for healthcare professionals and includes this Patient Medication Information by visiting the Health Canada website: (<https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-product-database.html>); the manufacturer's website [www.elvium.ca](http://www.elvium.ca), or by calling 1-833-744-0005.

This leaflet was prepared by Elvium Life Sciences.

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